

THE FILMMAKING PROCESS

DOES MY CUE WORK? DOES MY MIX WORK?



Learn to observe your own process. Know when you are stuck and how to get moving again. The more comfortable you become with yourself the more productive you will be

Our role as an "observer" of our own work

We all suffer from self doubt at times. Though it is hard to be objective, being able to observe your work without being emotionally attached is crucial to your success or failure as a film composer



It is no small challenge to be at once vulnerable, aware, and self-protective. Like all of this - it is an acquired skill

Acting as a "participant" in the creative process

Writing music requires us to be fully immersed in the moment...preferably without ego or thought. As creators we must be vigilantly aware of our bodies, our surroundings and our state of mind.

Allowing yourself to be free when doing such highly detailed work is a learned skill. And like any skill it requires practice. If you watch a basketball player shooting free throws or a golfer lining up a shot, they have a "pre-shot" routine.

A pre-shot routine is designed to slow the breath and heartbeat, quiet the mind and center the athlete so they can execute the task with the minimum amount of distraction.

Try developing - or at least be aware - of the process you follow as you work, and when it works, take note

(this paragraph is getting smaller isn't it ?)

Being emotionally attached can be a problem

The more emotionally invested you become in your work the harder it is to be objective and listen to criticism. Comments are a way of life in the collaborative film environment. Your feelings will be hurt and you will be disappointed that everyone can't see how great you are! Accept it. Embrace it. Get used to it. The better you can look at yourself & your work objectively the easier you will be to work with...a highly desirable trait.

